
HOPE HEADLINES

A PUBLICATION OF HOPE MENNONITE CHURCH

Volume 37 Number 7

July 2022



Too Many Hopes?

Summer life is in full swing – getting kids to camp, traveling to see people and places, the box is set by the back door to take to the thrift shop (which means that at least one closet actually did get cleaned out!).

Summer has often been a “high hopes” time for me. Ready at the top of my mind are memories of picnics with baked beans and a yummy chocolate bundt cake, lawn chairs by the county lake, childhood trips to the library resulting in a couple of novels laying around the house, the sound of the old window air conditioner droning on as I read them.

If friends/relatives come to visit in the summer, my high-hopes kick into gear in a different way – I feel it is for me to make memories like mine happen for others.

People who understand relationships caution us about high hopes. Our expectations strongly influence how we look forward to our summers. Our expectations shape how we will feel about this summer’s events even as they happen. Our expectations have the power to shape the memories that stay with us.

So, since expectations are impactful, here are 3 warning signs that we need to revisit our expectations:

1. **You imagine and look forward to an “ideal” version of your summer plans.** If expectations are more realistic, you and those around you will be able to relax and laugh when things don’t go according to the perfect script.
2. **Looking in the rearview mirror of past summer experiences, you have strong critiques, or a resentful or disappointed feeling.** Take a moment to examine what hopes you may have brought to a previous situation, hopes about a relationship or a vacation location. Figure out how to let some of those hopes go, or be responsible for a way those hopes could be met in a smaller or different way. No one you have spent time with in the past wants the weight of being responsible for your bad time. Everyone benefits from a fresh start.

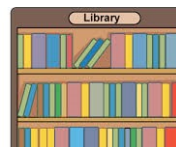
3. **You depend on one friend or a family member to make the time fun.** Who knows what mood various friends or relatives will be in when your paths cross this time. Who knows which other people in your group might be ready for a conversation with you, even though they aren’t the most talkative or funny person in the group. And, think about which of your own experiences could be ripe for sharing with someone. Circles of friends and families grow strong from varieties of sharing over time.

At the end of some Augusts, I have taken time to list special moments from the summer just past. How interesting that most entries are small moments and unexpected encounters – a stroll with someone turned out to yield a pretty interesting conversation. Sitting in the heat of the evening with fireflies filling the backyard made a memory, even with no conversation.

Fall schedules get crazy in a hurry – we need the refreshment of summer. With the weeks that remain, let’s consider giving up some of our “high hopes” for the summer. The refreshment of life’s unprogrammable reality is worth it.

(The three points in this article are taken from Prepare/Enrich Blog from February 16, 2022. Used with permission)

~~Susan Jantzen, sabbatical pastor



LIBRARY NEWS

Did you know that, according to research, reading books can help you live longer? Interestingly, it is more beneficial to read books than to read only newspapers or magazines.

There is still plenty of time this summer to begin a book-reading habit, if you have not yet discovered that joy! The books in the **Vintage National Parks series** by **Karen Barnett**, of which we have three in our Church Library, would be a great vacation read! **The Road to Paradise** is set in Mount Rainier National Park in 1927. Yosemite National Park in 1929 is the setting for **Where the Fire Falls**, and **Ever Faithful** takes place in

Yellowstone National Park in 1933. Each of these books describes the beauty of a part of God's creation, and includes fascinating characters, page-turning plots, and inspiration for your faith journey.

If you are looking for something in the nonfiction category, you might want to check out an autographed copy of Mary Raber's book **Ministries of Compassion among Russian Evangelicals**.

YOUR Church Library has many great books for all ages! Take a look, and check out a book!



If you need a new church

directory photo, I will be doing those August 21 & 28, and September 11. Remember if any change has occurred in your family since the last directory in 2019 you will need to come and get a new photo for the new 2022 picture directory. Photos will be

taken downstairs in room 2 after church on the 21 & 28, and between church and Sunday school on September 11. If those dates don't work for you and your family, please contact me to make other arrangements. We try to make this directory as nice as possible, and non-busy backgrounds. Closer to, I will send out an email to those who need to get a new photo, and remember, if you want a new photo if you don't need it, you are welcome to do that as well. *Thanks, Kim Voth*



July reminders...

July 3-Loyalty

Worship Leader-Connie
Scripture-Donna B.
Pianist-Ruthie
Song Leader-Galen
Tech-Scott

July 10-Tradition of morning/evening prayer

Worship Leader-Renetta
Scripture-Margaret
Pianist-Vicki
Song Leader-Lowell
Tech-Scott

July 17-A praying congregation

Worship Leader-Renetta
Scripture-Wendy
Pianist-Amy
Song Leader-Kendrick
Tech-Scott

July 24-You & me conversations w/God

Worship Leader-Lowell
Scripture-Lori M.
Pianist-Cynthia
Song Leader-Jared S.
Tech-Scott

July 31-new songs from voices together

Worship Leader-Lowell
Scripture-TBA
Pianist-Ruthie
Song Leader-Galen
Tech-Scott

Memorial Garden-July

July 1-2-Ruthie
July 3-9-Karin K.
July 10-16-Marcus
July 17-30-Connie
July 31-Ruthie

Sanctuary prep

July 3-Connie
July 10-Lori M.
July 17-Ruthie
July 24-Russ G.
July 31-Joanna



Coffee

July 3-No coffee
July 10-Bob & Delaine
July 17-Eldon & Annette
July 24-Galen & Cindy
July 31-Randy & Joanna

Mowers


July 3-Scott
July 10-Jerold
July 17-Randy P.
July 24-Randy G.
July 31-Travis

July 2022

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31						1 Sherry Tolle Marcus & Cynthia Loganbill Kendal & Marjie Warkentine	2 Sandwich Saturday
3	Air conditioning Appreciation Day 	4	5	6	7	8	9
10	Annette Chlumsky Scott & Connie Luty		5 Natalie Hand	6	7 Jordan & Emily Regehr	8 Adam Kasitz	9
17	Daniel Jantz Brenda Lilliston	11 6:30pm Music Committee	12 10:00am Women's Bible Study via Zoom	13 Greg Shelly	14 Mick Lehman	15 Berni Ronnebaum	16 Travis Cox
24	Grant Bellar <i>Happy Cousins & Parents Day</i>	18 Chris & Amy Bellar	19 Charlene Grinswell Debbie Kasitz	20 Galen & Cindy Fast	21 Justin & Tiffany Regehr	22 Todd & Debbie Kasitz	23 Eldon Chlumsky
						29 All day-reserved Event	30 All day-reserved Event 3 ^{1st} on the Top Line on Sunday



PRAYER 3-in-a-ro

 Sorry God for...	 Thankyou God for...	 God please bless...
 Thankyou God for...	 God Please bless...	 Thankyou God for...
 God please make ... better	 Thankyou God for ...	 Sorry God for...
 God please bless...	 God please make ... better	 Thankyou God for...